

GIRLS INC. OF CARPINTERIA 2025-2025 GYMNASTICS FALL SESSIONS

PROGRAM OVERVIEW:

Recreational Gymnastics

Grades: Tk-5th

Dates: 8/25/2025 to 11/12/2025

Beginner: \$150/month (classes 1x/week)

Intermediate: \$175/month (classes 2x/week)

Child's Name: (full name): _____

Grade in 2025-2026: _____ Age: _____

Shirt Size: Youth: Small Medium Large XL
Adult: Small Medium Large XL

BEGINNER

☐ WEDNESDAYS

1:00-2:15 PM*

8/27/2025 - 11/10/2025

**School Pick Up only available for this Beginner session, unless signed up for After School Enrichment (ASE) Program on Wednesdays.*

☐ School pick up ☐ Drop off

☐ WEDNESDAYS

2:30-3:15 PM

8/27/2025 - 11/10/2025

INTERMEDIATE

☐ MONDAYS & WEDNESDAYS

3:30-4:15 PM

8/25/2025 - 11/12/2025

No class on Monday, 9/1 or Monday, 10/13

☐ MONDAYS & WEDNESDAYS

4:30-5:15 PM

8/25/2025 - 11/12/2025

No class on Monday, 9/1 or Monday, 10/13

Parent Signature: _____

Date: _____

For Office Use Only

Fees: _____ % Given: _____ Scholarship Amount: _____ Family Pays: _____

Approval Signature: _____

Date: _____

MEMBERSHIP ENROLLMENT FORM

2025-2026

MEMBER INFORMATION

Full Name _____

Date of Birth ____ / ____ / ____ Age ____ Grade for 2025-2026 School Year _____

School Name _____

Home Address _____

City _____ Zip Code _____

PARENT/GUARDIAN (1) INFORMATION

Parent/Guardian Name _____

Primary Phone _____ Work/Cell Phone _____

Email _____ Alternate Phone _____

☐ Lives with Child ☐ Responsible for payment

PARENT/GUARDIAN (2) INFORMATION

Parent/Guardian Name _____

Primary Phone _____ Work/Cell Phone _____

Email _____ Alternate Phone _____

☐ Lives with Child ☐ Responsible for payment

EMERGENCY CONTACTS

In addition to parents/guardians, the following adults (18 years and older) are authorized to take this child from the facility. These names also serve as emergency contacts and should be available for immediate pick-up.

Full Name _____	Phone Number _____
Full Name _____	Phone Number _____
Full Name _____	Phone Number _____
Full Name _____	Phone Number _____

HEALTH & WELLNESS INFORMATION

List and explain all allergies:

List all medications taken by child:

List all special needs and/conditions:

Please share information that will help us provide a safe and enriching experience:

Medical Insurance Name:

Physician Name:

Dentist Name:

Policy Number:

Physician Phone Number:

Dentist Number:

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GIRLS INC. OF CARPINTERIA CENSUS REPORT

2025-2026

The information in this form is kept anonymously and in confidence. It will be used strictly for statistical data reports to the Girls Inc. National organization and current or potential funders.

Child's Age _____

Child's Grade _____

Household Size _____
(adults and children)

ANNUAL HOUSEHOLD INCOME

Below \$10,000
\$10,000-\$15,000
\$15,000-\$20,000
\$20,000-\$25,000
\$25,000-\$30,000
\$35,000-\$40,000
\$40,000-\$50,000
\$50,000-\$60,000
\$60,000-\$70,000
Over \$80,000

MY CHILD QUALIFIES FOR

Free Lunch
Reduced Lunch

FAMILY CONFIGURATION

Living with two parents
Living with mother only
Living with father only
Living with one parent at a time
Grandparent/Other Relatives
Multi-Family
Foster Parent(s)

RACE

Native American/Alaska Native
Asian
Black/African American
Native Hawaiian/Pacific Islander
Middle Eastern/North African
White/Caucasian
Other: _____

ETHNICITY

Hispanic/Latina
Not Hispanic/Latina

LANGUAGE IN THE HOME

English
Spanish
Farsi
Tagalog
Mandarin
Vietnamese
Other

EDUCATION

Please select the highest level of education

Mother:

Less than high school
High school diploma/GED
Some college
2-year college
Bachelor's Degree
Master's Degree
Doctoral Degree
Professional Degree
Don't Know/NA

Father:

Less than high school
High school diploma/GED
Some college
2-year college
Bachelor's Degree
Master's Degree
Doctoral Degree
Professional Degree
Don't Know/NA

MILITARY SERVICE

Is any member of the immediate family active duty military?

Yes
No

CHILD'S EDUCATION

Is your child and English Learner (EL)?

Yes
No

Does your child have an Individualized Education Plan (IEP)?

Yes
No

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intentionally blank.**



of Carpinteria

GIRLS INC. OF CARPINTERIA ADMISSIONS AGREEMENT GYMNASTICS 2025-2026

This Admissions Agreement is made effective as of (date) _____ between:

Girls Inc. of Carpinteria

5315 Foothill Road
Carpinteria, CA 93013
(805) 684-6364

Parent/Guardian (full name): _____

Parent/Guardian (full name): _____

for **Child's Name: (full name):** _____

ENROLLMENT & ADMISSION

This Agreement formalizes the enrollment of the child named above in Girls Inc. of Carpinteria under the terms and conditions set forth in this document.

PAYMENT POLICIES

Membership Fee: A non-refundable annual membership fee of \$35.00 is due at time of registration for all programs and is valid from June 1, 2025 to May 31, 2026 (Membership Year).

Program Levels Defined:

Beginner:

This level introduces foundational gymnastics skills, including basic tumbling, balance, coordination, and strength development. Students learn proper body positions, rolls, handstands, cartwheels, and basic skills on bars, beam, and vault in a safe, supportive environment.

Intermediate:

For gymnasts who have mastered beginner skills (at least one full year as beginner) and are ready for more challenging movements. Focus is on refining technique, building strength and flexibility, and progressing skills such as round-offs, back walkovers, pullovers, and more advanced work on all apparatus

Program Fees:

Program Level	Schedule	Fees
Beginner	1 day a week	Fee: \$150 a month
Intermediate	2 days a week	Fee: \$175 a month

**Additional fees apply for additional specialty/sports programs*

**Additional fees may apply for week-long breaks or single holidays*

Payment Frequency and Due Dates: Fees are due on a monthly basis in advance of the week of attendance (the Friday before your child attends on Monday). Bills and invoices will not be mailed to you. Invoices are available in your child's file located in the Girls Inc. lobby.

Financial Assistance: Limited scholarships are available.

Account Balance: An account exceeding one month of a unpaid balance will result in termination of services. Failure to keep your account current will jeopardize your ability to reenroll in services and result in collections proceedings. *Payment plans are available upon approval.*

Refunds and Credits: Refunds and credits will not be given for the day that children are absent except in cases of extreme emergency. By signing the Admissions Agreement, you are reserving a space for your child even when your child is absent. Parent/Guardians must contact the Director to request exception for this policy based on emergency situations.

Returned Checks: There will be a \$25.00 for any returned checks due to insufficient funds.

Payment Methods: Payments may be made via cash, credit cards, venmo, checks.

Initial: _____

GIRLS INC. OF CARPINTERIA ADMISSIONS AGREEMENT GYMNASTICS 2025-2026

HOLIDAYS AND CLOSURES

2025-2026

Holiday	Girls Inc. of Carpinteria Closure Dates
Summer 2025 (June 23-August 15)	June 12-13, 2025 June 16-20, 2025 July 4, 2025 August 18-20, 2025
Labor Day	September 1, 2025
Veteran's Day	November 11, 2025
Winter Break (December 22 - January 7)	December 22-26, 2025 January 1, 2026
MLK Jr. Day	January 19, 2026
President's Day	February 16, 2026
Memorial Day	May 25, 2026

No Gymnastics on Monday, September 1, 2025 or Monday, October 13, 2025

Initial: _____

GIRLS INC. OF CARPINTERIA
ADMISSIONS AGREEMENT
GYMNASTICS 2025-2026

ATTENDANCE POLICIES

Arrival Time: Please make sure your gymnast is dropped off 5-10 minutes before their class begins. This ensures that the class can start promptly and that they do not miss important warm-up exercises vital for their safety.

Sign in / Sign out: All practices are closed practices. To maintain a focused and distraction-free environment for our players. Parents and visitors must check in with the front desk before entering practice, ensuring privacy and uninterrupted experience for all girls during camp.

- Upon arrival, the gymnast will walk through the lobby out to the multipurpose room.
- At pick up, all parents/guardians are required to visit the front desk to sign out their child. This procedure ensures that gymnasts do not exit the facility without visual confirmation of being picked up by their designated guardian.

Attire: Leotards or spandex leggings/shorts with a tuckable/tied shirt are acceptable. No jeans, jean shorts, overalls, loose clothing or any street clothing.

No jewelry: Including earrings, bracelets, or watches are permitted. To ensure safety during practice, this will prevent any potential accidents or injuries caused by snagging or pulling.

Hair: Hair must be pulled back in a ponytail or braid.

Water Bottle: is highly recommended but Girls Inc. also has a water fountain outside available.

NO Gum or Food: There is no food allowed in the multipurpose room and gymnasts should not be chewing gum during practice to prevent any choking hazards.

Late Pick Up: All gymnastics classes must be followed by prompt pick-up. Parents/guardians are required to pick up their child within 10 minutes of class ending. A late fee of \$1.00 per minute will begin to accrue 10 minutes after the class ends. For example, if the class ends at 4:30 PM, late fees begin at 4:41 PM. You will be required to complete a Late Pick-Up Form. Fees may be paid at pick-up or will be added to your account balance. Consistent late pick-ups may lead to termination of program services. If a child is not picked up within 30 minutes after class ends, we may be required to contact local authorities, including the Santa Barbara County Sheriff's Office.

Sick Policy: If the child is ill, they should not attend Girls Inc. If your child is unable to participate in normal activities, you must pick up your child from Girls Inc. No medication will be given to a child without written instructions and signed authorization. If your child did not attend school that day, they may not attend Girls Inc.

Initial: _____

SCHEDULE CHANGES

Requests for Schedule Changes: Parents/guardians must notify Girls Inc. using the "Request Form" provided at the Girls Inc. office at least one month in advance if they wish to change the child's regular attendance schedule. This includes any changes to the days/weeks of attendance or program level.

Initial: _____

GIRLS INC. OF CARPINTERIA
ADMISSIONS AGREEMENT
GYMNASTICS 2025-2026

BEHAVIOR AND CONDUCT

Child Behavior: Parents must inform Girls Inc. of any behavioral issues that may arise or have been previously noted. Girls Inc. reserves the right to suspend or terminate services if the child's behavior is disruptive, harmful, or dangerous to others.

Discipline Approach and Procedures: Girls Inc. focuses on fostering positive behavior through self-discipline and restorative practices, which encourage children to understand the impact of their actions, take responsibility, and make amends. When behavioral concerns arise, staff will engage the child in open conversations, help repair any harm caused and develop strategies for improvement. Parents are encouraged to collaborate with us to support their child's behavioral development.

Parent Behavior: Parents are expected to maintain respectful communication with all staff and adhere to all policies outlined in this Agreement.

Initial: _____

COMMUNICATION

Communication Practices: Girls Inc. is committed to maintaining clear and open communication with parents/guardians. To ensure timely and effective communication, Girls Inc. utilizes various methods, including:

Emails: Important updates, notices, and general information will be sent via email. Parents/guardians are expected to regularly check their email for messages from Girls Inc..

Phone Calls: For more urgent matters or personal communication, Girls Inc. may contact parents via phone. Parents should ensure their phone numbers are up to date and be responsive to calls regarding their child's care.

Remind App/Text Messages: For urgent updates or reminders, Girls Inc. may use a text message service to notify parents. Parents are responsible for ensuring their contact information is current to receive these messages.

In-Person Communication: Parents are welcome to speak with Girls Inc. staff in person during pick-up or drop-off. Additionally, the front desk is available for any questions or concerns. For more detailed discussions, parents may request a meeting with Girls Inc. or staff using the "Request Form".

Newsletters and Flyers: Girls Inc. will distribute newsletters and flyers to keep parents informed about upcoming events, important news, and relevant Girls Inc. programming topics. These newsletters will be sent via email or provided in printed form.

Social Media and Website: Girls Inc. encourages parents to stay connected with us through our social media channels, including Instagram (@girlsinc.carp), and our website (<https://girlsinc-carp.org>) for the latest updates, programs, and exciting opportunities. Our social media and website will provide up-to-date information on all upcoming events, fun activities, and other happenings on campus. Parents can also find registration forms and additional program details on our website.

I've Observed Forms: For recording behavioral issues, accidents, or success, Girls Inc. staff will use the "I've Observed" form to communicate with parents. A copy of the form is given to parents, placed in the child's file, and shared with program manager or director.

Information Board: Printed flyers with relevant information (e.g., special events, program schedules, snack calendar, closures, reminders) will be available in the lobby area and/or entrance of Girls Inc. Parents are encouraged to review these flyers regularly.

Request Form: For any specific requests, changes, or concerns, parents may fill out a "Request Form" available at the front desk. This form helps ensure that Girls Inc. can address requests in a timely and organized manner.

Contact Information Update: It is the responsibility of the parents/guardians to ensure their contact information is up to date and to check these communication channels regularly for any important information. Girls Inc. will make every effort to keep parents informed and engaged in their child's care.

GIRLS INC. OF CARPINTERIA

ADMISSIONS AGREEMENT

2025-2026

DATA COLLECTION AND PRIVACY

Requests for Confidential Information: Girls Inc. collects personal information necessary for enrollment, emergency contact, and care planning. All information is kept confidential and secure, in compliance with privacy laws and regulations.

Child Files: Each child will have a confidential file containing necessary records, including emergency contacts, health history, admissions agreement, and any behavioral notes. Parents may request to review their child's file upon notice. Parents/guardians are responsible for updating information in this file as needed.

Community Care Licensing Authority: Girls Inc. of Carpinteria is licensed by Department of Social Services Community Care Licensing and is subject to inspection by this authority. Community Care Licensing has authority to interview children or staff, and to inspect and audit child or childcare center records, without prior consent; and to observe the physical condition of child(ren), including conditions which could indicate abuse, neglect, or inappropriate placement.

Data Collection: Girls Inc. collects information via online or written surveys, questionnaires, and focus groups from the minor child listed in this agreement. Any and all information received is kept strictly confidential. The aggregated results of these analyses may be shared with staff, Girls Inc. National, funders, and other community stakeholders to evidence program effectiveness and/or impact.

Initial: _____

EMERGENCY AND SAFETY POLICIES

Signing In and Out: Parents/guardians must use a full signature when signing their child in and out each day upon arrival and departure. This ensures safety and accurate record-keeping. Only authorized adults (18 years and older) with identification may pick up your child.

Release Authorization: Parents must provide written authorization for the release of the child to individuals other than themselves. Girls Inc. will only release the child to authorized persons listed on the enrollment form. To authorize a one-time pick up by an individual not listed on your authorization form, you must give Girls Inc. a written and signed notice stating the person's full name and the date of pick up.

Closed Campus: For the safety and security of all children, our facility operates as a closed campus, meaning that only authorized personnel, parents/guardians, and individuals listed on the child's enrollment form are allowed access to the premises. All visitors (including parents/guardians) must sign in at the front desk upon arrival and wear a visitor badge while on the premises. Visitors will be escorted by staff during their visit. This policy ensures that we can maintain a safe and controlled environment for all children in our care.

Emergency Procedures: In the event of an emergency, Girls Inc. has established procedures to ensure the safety and well-being of all children. These procedures include fire drills, lockdown drills, and evacuation plans, which are regularly practiced. In case of an emergency, Girls Inc. will take the following steps:

- **Contacting Parents/Guardians:** Girls Inc. will immediately attempt to contact the child's parents/guardians using the provided contact information.
- **Emergency Contacts:** If the parents/guardians cannot be reached, Girls Inc. will contact the emergency contacts listed on the child's enrollment form.
- **Child's Medical Doctor:** If necessary, Girls Inc. will attempt to contact the child's primary care physician or medical doctor for guidance on treatment.
- **Emergency Services:** If the situation is urgent, Girls Inc. will call emergency services (911) for immediate assistance.

Girls Inc. will take all necessary steps to ensure the child receives prompt medical attention. Parents will be notified as soon as possible if the child requires medical treatment. Girls Inc. will make every effort to ensure the child's safety while adhering to all local emergency protocols.

Extreme Weather: In cases of extreme weather or other emergencies, Girls Inc. will work with Carpinteria Unified School District and local authorities to decide the safest action to take. Parents will be notified via email and text via Remind.

Initial: _____



of Carpinteria

GIRLS INC. OF CARPINTERIA ADMISSIONS AGREEMENT 2025-2026

TERMINATION OF AGREEMENT

Parent Termination: Either party may terminate this agreement by providing a one month notice using the "Request Form" or in written notice.

Girls Inc. Termination: Girls Inc. may terminate this agreement with or without cause by providing a two-weeks written notice.

Initial: _____

ACKNOWLEDGEMENT AND AGREEMENT

By signing this agreement, parents/guardians acknowledge and agree that the childcare provider will not be held liable for any injuries, accidents, or incidents that occur to the child while in the care of Girls Inc., except where such injury or incident is a result of gross negligence, intentional misconduct, or failure to adhere to established safety protocols.

Girls Inc. will take all necessary steps to ensure the safety and well-being of the child, including regular safety drills, supervision, and emergency procedures. However, the parent/guardian agrees to release and hold harmless Girls Inc., its staff, and affiliates from any claims or damages that may arise during the child's participation in the program, unless the incident is a result of Girls Inc.'s negligence or intentional harm.

Parents/guardians are responsible for maintaining current health insurance coverage for their child, and Girls Inc. will not be liable for any medical expenses incurred in the event of an injury or health-related issue.

I, as the parent/guardian or designated representative of (child's name) _____

have received and read the information contained in the Admission Agreement provided by Girls Inc. of Carpinteria, and agree to abide by the stated policies.

Parent/Guardian Name (please print): _____

Parent/Guardian Signature: _____ **Date:** _____

GIRLS INC. OF CARPINTERIA MEDIA RELEASE & CONSENT FORM 2025-2026

MEDIA RELEASE AND CONSENT FORM

I, the undersigned, as the parent or legal guardian of the minor child named below, hereby grant permission to Girls Inc. of Carpinteria and its representatives, employees, agents, and volunteers the right to take and use photographs, video recordings, audio recordings, and/or digital images of my child ("Media") in connection with the organization's activities, events, and promotions.

I understand that these Media may be used for promotional and educational purposes, including but not limited to:

- Social media platforms (e.g., Facebook, Instagram, Twitter, etc.)
- Websites and blogs
- Printed materials such as brochures, flyers, and newsletters
- Television and other broadcast media
- Educational materials or publications

I understand that no personal identifying information (other than my child's first name, if used) will be associated with any Media used for these purposes. I agree that these Media may be edited, altered, or otherwise modified and may appear in various forms, including but not limited to: still images, video, audio, and digital formats.

I release Girls Inc. of Carpinteria, its officers, directors, employees, volunteers, and agents from any liability related to the use of the Media, including but not limited to any claims for compensation, privacy, or defamation.

I understand that I am not entitled to any payment or compensation for the use of my child's Media, and I consent to this usage voluntarily and without reservation.

By signing below, I confirm that I have read and fully understand this consent form, and I agree to the use of my child's Media as outlined above.

Child's Name: _____

Parent/Guardian Name: _____

Signature of Parent/Guardian: _____

Date: _____