



of Carpinteria

Position: Gymnastics Assistant Coach (Carpinteria)

Status: Non-Exempt; Part-Time (15-18 hours per week, flexible schedule)

Reports to: Head Gymnastics Coach

Pay: \$16-18 per hour

Benefits Include: Waived program & campus use fees, flexible schedule, 403(b) program, vacation, and sick time.

Position Summary: The Gymnastics Assistant Coach will work along side the Gymnastics Coach to aid girls of various ages to develop beginner level gymnastics skills. The Gymnastic Assistant Coach is responsible for supporting in the development and deliverance of age-appropriate gymnastics lessons. The Gymnastics Assistant Coach must observe and spot girls as they perform on the various apparatus. The Gymnastics Assistant Coach is required to work in a collaborative manner with program aides and volunteers to instruct goal-driven lessons, games, and activities safely and effectively. This individual should embrace becoming a role model and mentor to girls, promoting their well-being, development, confidence, and success; motivating and inspiring girls to be active participants in program activities; promoting their long-term involvement and providing evaluation and feedback to ensure our programs stay relevant to all girls. This position reaches girls in both campus based and outreach settings including workshops and mini camps as public health allows.

Specific Responsibilities

- Working knowledge in Gymnastics and willingness to continue learning
- Conduct gymnastics classes as assigned with a demonstrated ability to teach development of skills and proper techniques on each apparatus
- Demonstrate and teach skills and routines in a fun, safe and effective manner
- Some physical contact and lifting, especially with smaller children
- Monitor gymnastics activities of all participants, intervening to correct technique where necessary
- Provide continuous supervision at all times
- Be actively involved with the class and warm up activities
- Provides gymnastic instruction and spotting of athletes on all apparatus.
- Prepare the gym space for class each day; have all equipment ready for class before the start of class and maintain organization and cleanliness of program resources, supplies
- Oversees effective day-to-day operations of designated program
- Serve as a mentor and positive adult in the lives of youth
- Assist in recruitment, registration, attendance, and program evaluation ensuring that all data is complete and current
- Keep an accurate record of daily attendance both during planned activities and informal time
- Work as a team with Girls Incorporated staff in making the program fun, positive and educational experience for the girls,
- Work with program team and parents to address any social, behavioral issues or safety concerns
- Participate in all staff training sessions and meetings, as required.
- Follow all Girls Inc rules and guidelines as set forth in all policies, staff memos, and staff meetings.
- Fill out incident reports when needed and turn them in to Head Coach.
- Support with family nights and community engagement events as needed.
- Assist with activities or events outside of your normal schedule (occasional evenings and

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weekends)

Job requirements:

- 2+ year experience in gymnastics or tumbling
- Experience working with individuals representing diverse cultures, ethnicities, abilities, gender identity and sexual orientation required.
- Group facilitation, behavioral management and conflict resolution skills gained in a working with youth
- Excellent verbal and written communications skills
- Ability and desire to work as a team player
- Motivation and strong problem-solving skills
- Time management skills and ability to prioritize work
- Ability to work flexibly in a fast-growing, changing atmosphere
- CPR and First Aid Certified

Preferred:

- California Driver's License with the ability to obtain a Class B license with Youth Bus certification
- Bilingual- Spanish

Physical Job Conditions:

- Typical Working Conditions: Works in an indoor environment.
- Equipment Used: Floor mats, bars, balance beam, vault, and other gymnastics equipment.
- Essential Physical Tasks: Walking around, use of gymnastics equipment. Ability to work in conditions that can vary on a daily based on need of client, site situation, site status and other conditions.
- Activities: Lifting/Carrying – Frequently between 10-75 lbs., Pushing/Pulling – Occasionally between 10-20 lbs., Twisting/Turning – Occasionally reaching over shoulder, reaching over head, reaching outward, climbing, crawling, kneeling, squatting, sitting, walking (normal surfaces), walking (uneven surfaces), standing, and bending.

Agency Description: Girls Inc. of Carpinteria founded in 1971, serves the Carpinteria community and surrounding areas through impactful programs that inspire and empower girls for future success. Our programs respond to the critical need in Carpinteria for high-quality out-of-school enrichment for K-12th grade. We focus on three core essential services (healthy living, academic support & enrichment, and life skills instruction) with age-appropriate and relevant information that is interactive, inclusive, and culturally appropriate to reach our designed outcomes. Our holistic approach helps girls to value themselves, take risks, and discover and develop their inherent strengths. At Girls Inc of Carpinteria we value community, inclusivity, bold advocacy, and intentionality- we let these values drive our work so we can remain adaptive and responsive to the lived experiences of girls.

- **Vision:** Empowered girls and an equitable society.
- **Mission:** To inspire girls to be strong, smart, and bold.
- **Values:** Intentionality, Inclusivity, Community, Bold Advocacy

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